

## **All ADF members are being encouraged to take part in the Military Health Outcomes Program (MilHOP)**

This research program aims to better inform Defence on the health challenges faced by ADF personnel across the Services and is being run independently by the Centre for Military and Veterans Health (CMVH) to ensure confidentiality of ADF members' personal information.

One of the most extensive studies ever conducted on the health and well-being of Australian serving and ex-serving personnel, MilHOP will provide Defence with the information it needs to continue to develop appropriate health services for the ADF community in the future.

If you're an ADF member and haven't received your invitation to participate or would like more information about MilHOP, log onto the CMVH website at [www.cmvh.org.au](http://www.cmvh.org.au) and follow the MilHOP link. Alternatively you can contact the MilHOP team direct on free call number 1800 886 567 or email [milhop@cmvh.org.au](mailto:milhop@cmvh.org.au).

*we understand you!*